

FOR IMMEDIATE RELEASE

Eloa Serel Launches "Healing Songs for the Feminine Soul": A Therapeutic Album Co-Created by Clinical Psychologists and Generative AI

LISBON, Portugal – July 30, 2025 – The Institute of Integrated Sciences (ICI) today announced the release of **Healing Songs for the Feminine Soul**, a therapeutic album performed by digital artist Eloa Serel. Unlike conventional AI music projects, this work was co-created by clinical psychologists Sandra Ramos and Jorge A. Ramos, who used generative AI strictly as a tool—not a replacement—for human therapeutic intention.

“Eloa Serel is not an AI artist replacing humans,” explains Sandra Ramos, clinical psychologist and ICI Director. “She is a therapeutic instrument—like a piano or a meditation cushion—designed to support emotional processing when guided by human intention. The technology serves the healing, not the other way around.”

All compositions were created using generative AI tools under direct human supervision. Final arrangements were curated, edited, and registered with SPA (Portuguese Society of Authors) exclusively under human creators Sandra Ramos and Jorge A. Ramos. The therapeutic structure, lyrical content, and clinical application were entirely human-designed—the AI served as a sonic instrument, not an autonomous creator.

“Most AI music projects focus on novelty,” adds Jorge A. Ramos, clinical psychologist and co-creator. “Ours focuses on clinical utility. We worked to ensure each song creates a safe sonic container for processing difficult emotions—without triggering retraumatization.”

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About Eloa Serel

Eloa Serel is a digital artist created through collaboration between human creativity and generative AI. Developed by the Institute of Integrated Sciences (ICI) in Lisbon, Portugal, she represents a new paradigm in therapeutic art: technology guided by clinical intention to support emotional healing journeys.

About ICI – Integrated Sciences Institute™

Based in Lisbon, Portugal, ICI pioneers evidence-informed therapeutic tools that bridge clinical psychology and emerging technologies. All projects undergo ethical review and are developed by mental health professionals. Sandra Ramos and Jorge A. Ramos are members of the American Psychological Association (APA).

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